



**Kosovo
Chamber of
Physiotherapists**

The 2nd International Congress of Physiotherapy
PRISTINA/KOSOVO
May 5-6/2023



CONGRESS PROGRAM

First day 5 May 2023, Friday		
13:00 - 14:50	Registration Hall 1 at First Floor	
15:00	Congress opening	
15:00 - 15:10	Bekim Haxhiu	President of the Congress
15:10 - 15:20	Feim Gashi	President of Kosovo Chamber of Physiotherapists
15:20 - 15:30	Arben Vitia	Minister of Health of the Republic of Kosovo
15:30 - 15:40	Esther Mary D'Arcy	The President of European Region of World Confederation of Physiotherapy
15:40 - 15:50	Arberie Nagavci	Ministry of Education, Science, Technology and Innovation
15:50 - 15:55	Eroll Reshtani	American Embassy representative
15:55 - 16:00	Fatmire Kollcaku	Chair of the Health Committee - Parliament of the Republic of Kosovo
16:00 - 16:05	Tine Kovačič	The President of the Slovenian Association of Physiotherapists
16:05 - 16:10	Mirjana Grubišić	The President of Croatian Chamber of Physiotherapists
16:10 - 16:15	Natasa Matković	The President of the Montenegro Chamber of Physiotherapists
16:15 - 16:20	Faton Daci	The President of the Albanian Association of Physiotherapists
16:20 - 16:25	Blerim Krasniqi	Alma Mater European Campus Rezonanca
16:25 - 16:30	Barbara Wessner	University of Vienna, Vienna, Austria
16:30 - 16:35	Petr Bara	The Dean of Medical Faculty "Luarasi" - Tirana, Albania
16:35-16:40	Hajrie Hundozi	Professor of the University of Pristina "Faculty of Medicine" Pristina, Kosovo
	Lectores	
Lecture 1. 16:40 - 17:00	Bekim Haxhiu	The importance of legislation for the development of physiotherapy and physiotherapists status in Kosovo B28
Lecture 2. 17:00-17:20	Tim Németh	Entry-level education and beyond, requirements to foster best practice: a European view
Lecture 3. 17:20-17:40	Tine Kovačič	Short and Long Term Effectiveness of Hypotherapy on Gross Motor Scores of Persons with Neurodevelopmental Disorders a Randomised Controlled Trial
Lecture 4. 17:40-18:00	Snježana Vojvodić Schuster	Physiotherapy through social network
Lecture 5. 18:00-18:15	Iva Lončarić Kelečić	Patient-reported Outcomes and Experience: the indispensability of patient's perspective in physiotherapy and healthcare
Lecture 6. 18:15-18:30	Merita Qorolli, Arbnore Ibrahimaj-Gashi	The recommendations issued for the relevant institutions regarding the minimum professional competencies of Physiotherapists (Level 6 EQF); implementation of the results of the research "OFTK's survey on the minimum professional physiotherapeutic competences according to ER-WCPT"



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Second day 6 May 2023, Saturday		
8:30-9:30	Registration	
		Session 1
		Hall 1 at First Floor
		Evidence-Based Physiotherapy and Miscellaneous physical therapies
9:30-9:40	Emanuela Prend	Pulmonary Rehabilitation in Noncystic Fibrosis Bronchiectasis
9:40-9:55	Zana Gergi	Relationship between balance status and level of participation in children with spastic cerebral palsy compared to typically developing children
9:55-10:10	Marja Äijö	Educational interventions to increase evidence-based practice competence among physiotherapy students
10:10-10:25	Ismet Shalaj	Osteopathic Approach to Patients with Diaphragmatic Dysfunction
10:25-10:35	Zheralldin Durguti	Osteopathic Approach to Patients with Headaches
10:35-10:45	Shkurta Rrecaj-Malaj	The effect of combined physiotherapy treatment in patients with traumatic hand injury: A case series
10:45-10:55	Bujar Gjiko	Ultrasound imaging of the osteomuscular system
10:55-11:05	Entela Neziri	Physiotherapy rehabilitation in post -infarction patients
11:05-11:15	Rilind Shala	Can we just talk our patients out of pain? Should pain neuroscience education be our only tool?
11:15-11:25	Aida Loka	Parkinson's disease, early physiotherapeutic rehabilitation during the period January-December 2022 at the central polyclinic, Durrës
11:25-11:35	Zana Kovaqi	The impact of physiotherapy on patients with coronavirus and other respiratory tract infections
11:35-11:55	Blazhe Arsov	Functional magnetic stimulation vs electromuscular stimulation in cardiovascular weakness developed in the ICU
11:55-12:00		Discussion
09:30-10:45		<i>1. Chared by: Barbara Wessner, Tim Németh, Ismet Shalaj,</i>
10:45-11:55		<i>2. Chared by: Marja Äijö, Merita Qorolli, Zheralldin Durguti</i>
12:00-12:50		Lunch Time



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	Oral Session	Session 2
		Hall 1 at First Floor
		Physiotherapy, Medicine and Sports
13:00-13:10	Dafinë Ibrahimimi Kacuri	Association Between the Walking Speed, Cadence, Cycle Length with Words per Minute and Anthropometric Parameters
13:10-13:20	Barabara Wessner	Mobility Limitations in Older Adults: Health Consequences and Implications for Healthy Life Years
13:20-13:30	Arben Boshnjaku	Age-related loss of muscle mass and function in older Kosovans
13:30-13:40	Arbnore Ibrahimaj Gashi	The Influence of Regular Aerobic Activity on Adrenaline Levels in White /Laboratory Rats
13:40-13:50	Blerton Hulaaj	Differences in body composition between three age groups of football players
13:50-14:00	Rilind Obertinca	Efficacy of Multi-Component Exercise-Based Injury Prevention Programs on Injury Risk Among Footballers of All Age Groups: A Systematic Review and Meta-analysis
14:00-14:10	Paula Gjoshi	The effectiveness of proprioceptive neuromuscular facilitation, hydrotherapy, plyometric exercises, proprioception exercises and Kinesio taping in ankle distortion.- Review
14:10-14:20	Arjeta Azemi Arbnore Ibrahimaj Gashi	Comparison of two Different Physiotherapeutic Protocols in the Rehabilitation of Cervical Radiculopathy, Preliminary Results
13:00-13:40		<i>1. Chared by: Tine Kovačič, Fabio Perissinotti, Faton Daci</i>
13:40-14:10		<i>2. Chared by: Snježana Vojvodič Schuster, Arben Boshnjaku, Arbnore Ibrahimaj - Gashi</i>
	Oral Session	Session 3,
		Hall 1 at First Floor
		Miscellaneous physical therapies - COVID - 19
14:20-14:30	Samire Beqaj	Physiotherapy in post COVID-19 patients following hospitalization: A narrative systematic review
14:30-14:40	Riad Bejta	Cardiopulmonary rehabilitation in COVID-19: A case report
14:40-14:50	Fitim Sadiku	The effect of the whole body cryotherapy in Ankylosing Spondylitis
14:50-15:00	Fabio Perissinotti, Alesandro Garlinzoni	The influence of Osteopathy in development of modern physiotherapy in Kosova
		Discussion
14:20-15:00		<i>Chared by: Iva Lončarić Kelečić, Shkurta Rrecaj-Malaj, Visar Bllaca</i>



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		Hall 2 at First Floor
		Miscellaneous physical therapies - COVID - 19
13:00-15:00		Iskra Medikal - Workshop
15:00-15:10	Ardian Kadolli	Effects of neck mobilization combination with dry needling for patients with cervicogenic headache
15:10-15:20	Fitore Murati-Abdullahu	Exercises and physical activity in the prevention and treatment of atherosclerotic cardiovascular diseases
15:20-15:30	Mejdi Aliu	Effectiveness of Inspiratory Muscle Trainer among patients with Chronic Obstructive Pulmonary Disease. Literature Review
15:30-15:40	Doruntina Kabashi	Research of Spine Deformities in Primary School students in the Municipality of Peja, Kosovo
15:40-15:50	Labinot Shahini	Pathology and pathophysiology of muscle atrophy
15:50-16:00	Visar Memaj	Prevalence and incidence of injuries among traditional dancers in Kosovo - Original paper
15:00-16:00		Chared by: Merita Qorolli, Alesandro Garlinzoni, Samire Beqaj
16:00		Best oral presentation
16:00		Conference President
16:00		Closing of the Congress
16:00		Distribution of certificates
20:00		Gala Dinner